



*of NORTHERN UTAH*

Catholic Community Services (CCS) provides over 400,000 services to households in-need in Utah *every year*. CCS of Northern Utah has the largest food pantry in the state, and offers non-food items to clients as well, including diapers, hygiene kits, baby formula, pet food and new/handmade baby items.

**Our donors are what make our services possible!** Please review the list of much-needed items below and consider how you, your neighborhood, your school or your business can help.

#### **Food Items**

*Non-perishable* food is always needed, as long as it is unopened and purchased (not home-canned). High protein or nutrient rich foods are especially appreciated. Examples of high-need items include peanut butter, canned meats, pasta and rice, cereal, soups, beans and canned fruits. Perishable (non-expired) items such as fresh vegetables & fruit, meat, eggs & dairy products are also accepted when brought directly to our warehouse.

#### **Hygiene Kits/Items**

Toothpaste, toothbrushes, shampoo, combs, washcloths, razors, shaving cream, soap, deodorant, feminine hygiene products, and toilet paper. We also take travel-sized items, either individually or preassembled into kits in plastic, sealable bags that include at least a shampoo, soap and toothpaste.

#### **Baby "Shower" Items, Diapers, Formula & Wet Wipes**

Going-home outfits, pajamas, onesies, quilts, receiving blankets, burp cloths, bibs, hats and socks are needed for our layettes. All items should be brand-new, and either Newborn or 0-3 months. Newborn through size 6 diapers are also needed (N, 4, 5 & 6 are in high demand), along with wet wipes and formula.

#### **Bridging the Gap pantry packs**

Weekend food bags given to local, low-income students contain six meals and four snacks. Items include individual serving meals (ravioli, etc), tuna, mac & cheese, oatmeal packets, ramen, granola bars, fruit snacks, applesauce, peanut butter crackers and shelf-stable milk. *Please contact CCS for specific assembly instructions.*

#### **Pet Food**

Food for dogs or cats is always needed. We can also give away any other type of pet items.

#### **Home Cleaning Materials**

Laundry detergent, fabric softener, glass cleaner, dishwashing soap, sponges, toilet paper, paper towels and trash bags are all much-needed home care items.

#### **Special Programs**

New backpacks and school supplies: pencils, highlighters, pencil boxes, binders, erasers, rulers, etc.  
Winter Coats, scarves, gloves & warm hats for ages 5-18.

*For more information or to schedule a volunteer activity, please contact:*  
**(801) 394-5944 or email [volunteerccsnu@ccsutah.org](mailto:volunteerccsnu@ccsutah.org)**